






Simplify Your Healthcare Experience with Engage and Anthem Health Guide

Two programs working together for you.



A personalized health assistant via online or mobile app that connects you to the right benefits and programs, at the right time, with a click of a button. With Engage you can:

-  Clearly see your medical benefits and access your digital Anthem insurance card.
-  Access LiveHealth Online. You can visit with a doctor on your smartphone, tablet or computer.
-  Save time and money through our health and wellness programs.
-  Add your wearable fitness device, such as your Fitbit or Apple Watch to hit your well-being goals.
-  Protect yourself from overpaying by seeing the cost of services and care **before** setting up a visit.

Anthem Health Guide

Our improved customer service program that helps you stay involved in your health, access the care that's right for you and get more value from your benefits. A live Anthem Health Guide is available to help you 24 hours a day, seven days a week in the Engage app or by calling 844-404-2102. To access Anthem Health Guide, simply open your Engage app, select the **Benefits** tab at the bottom of the screen, scroll down to select **Anthem Health Guide** and click to call or chat.

Where technology meets the human touch

Using technology that analyzes our benefits and claims database, Anthem Health Guides receive alerts when certain keywords are used. This allows Health Guides to provide personalized guidance, tailored specifically to you and your unique situation. Your Health Guide may be able to remind, recommend or even help you make an appointment for due health screenings.

Our guides are able to:

- ✓ Connect you to programs and needed support
- ✓ Compare costs, find in-network doctors, and more
- ✓ Spot medical gaps in care, such as routine exams and screenings
- ✓ Assist you 24 hours a day, seven days a week

Ready to Get Started?

Download the Engage app to start using your personalized health assistant and access Anthem Health Guide. To download the Engage app:

- 1 On your Apple device, open **App Store**. On your Android device, open **Play Store**.
- 2 Enter **Engage** into the search bar and select **Download**.

Engage is also available online. Simply visit www.engage-wellbeing.com to sign up and select **Benefits** from the top right hand corner of the screen and scroll to **Anthem Health Guide**.



Once downloaded, the Engage logo will appear on your device.

In Missouri, (excluding 30 counties in the Kansas City area) Anthem Blue Cross and Blue Shield is the trade name of RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. Independent licensees of the Blue Cross and Blue Shield Association. © ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.